



August 2010

Activity Calendar

Subject to change.



<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
2 Energy Solutions Trip Kelly Warren & His Guitar 11:30	3 Brunch & Learn 10:00	4 Birthday Party 12:30 Foot Clinic by appt. Crystal Springs 2:00	5 Cache Co. Shopping Trip 10:00	6 Becky Kimball Easy Listening, 11:30 Massage 12:30
9 Kelly Warren & His Guitar 11:30	10 Foot Clinic by appt.	11 Memory Club 10:00 See p. 9 Crystal Springs 2:00	12 Karaoke with Kelly Warren Myers Day Caregivers 6:00	13 Safe Driving 8-12 Here Odell Summers & His Xylophone Massage 12:30
16 Kelly Warren & His Guitar 11:30 Gillies Dollar Day Hot Summer Nights Dinner Dance 5:30	17 Low Vision 10:00 Magic Show 12:15	18 Estate Planning 12:15 Crystal Springs 2:00	19 Front Runner Trip	20 Entertainment TBA Massage 12:30
23 Wendover 7:30 am Kelly Warren & His Guitar 11:30	24	25 Memory Club 10:00 Crystal Springs 2:00	26 Commodities	27 Dog Days of Summer Pet Show 10:00 Massage 12:30
30 Happy Feet by appt. Kelly Warren & His Guitar 11:30 Blood Drive 2:30-7:30	31	Bingo on Tuesdays and Thursdays at 1:00 p.m. Bring a prize from home and meet in the hall.		

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4

WEEKLY

Advanced Spanish M 10:00 a
Tai Chi M 10:00a
Beginning Spanish T 10:00
Square Dance T 7-10 p

Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinocle Th 1:00 p
Ceramics 10-4 T & Th
Ceramic NIGHT Class W 5-9
Sit & Dance Th 10:00
Sit & Be Fit W/F 10:00 a
Oil Painting Th 9:30
Tap Dancing W/F 9 a

Computer classes as scheduled:
Contact Nancy to enroll.

GENERAL INFO: Telephone
Reassurance, Friendly Visitor, Info.
and Referral; Senior Transit M-W-F
723-3303 X18; MOW Hot meals M-F
Frozen Sat-Sun.; **Please make
lunch & To Go reservations one
day in advance.**